

SERMON DISCUSSION QUESTIONS

“Don’t Let The Sun Go Down On Your Anger”

Pastor Dan Chun

THE WEEK OF SUNDAY, July 8, 2007

Read Ephesians 4: 25-32

Ice Breaker:

If you could perform on stage (without being paralyzed by stage fright), what would you perform?

Discussion Questions:

1. Paul writes, “Be angry but do not sin.” Dan said in his sermon, “Do not dwell on anger.” How easy or hard is that to do?
2. How can anger lead to sin? What are some practices that we can put into place that allow us to feel angry but prevent us from sinning?
3. Verse 31 says, “Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice.” Why is this good practical advice from Paul? What can happen in our lives if we don’t?
4. Dan said that when we do feel hurt or betrayed, we should give it to God and ‘rest in God.’ What is your experience of trusting in and resting in God? What observations have you made about people you know who have trusted in God in a difficult situation?
5. Sometimes it is only in hindsight that we realize that God has fulfilled a promise or healed a hurt. What in your life can you look back on today and see God’s hand at work in a miraculous, loving, grace-filled way? Are there situations that have yet to be fully resolved but see God’s progress along the way?

Challenge Questions:

Share with your group an anger or hurt that you would like their support in dealing with and find ways that they can help you be accountable in not sinning.

THINK SMALL.

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